



*\*These notes are lovingly prepared each week by Anne Maclean – thank you Anne!\**

**1. Read Matt 5:1-12** - Review the key qualities and discuss any that are unclear.

v.4 – Mournful - recognize own sin

- experience conviction
- seek God's forgiveness
- what does Luke 6:21 say should be our experience?

v.5 – Meek

- strength under appropriate authority
- accepting and enjoying that God is in control
- a submissive, teachable spirit
- consider the story of Esther. How did she demonstrate meekness?

v.6 – Hunger and Thirst for Righteousness

- passion for God
- seek justice

v.7 – Merciful

- a forgiving disposition
- as we have received mercy, we are able to show mercy
- Read James 2:12,13. Can you think of any examples of mercy triumphing over judgment in our culture/history?

v.8 – Pure in Heart

- freedom from impurity
- Read Ps 24:3-6. What is God's response when we seek after a pure heart?

v.9 – Peacemakers

- a reconciling attitude
- discuss the difference between peacekeepers and peacemakers

v.10 – Persecuted

- Unwilling to compromise God's truth

**2. Think about ....**

- ....Moses and Jesus were both described as meek – Discuss.
- ....people from the Bible or from your life who have reflected one of these qualities
- .... how they lived and what their lives teach you about humility.

**3. Fixing our Eyes on Jesus**

- 30 days of Scripture reading that focuses on pursuing Jesus.
- Practising REAP - see youversion 'live' for details.

Read Matt 7:7-11

Examine the key ideas from the Scripture

Application – consider how this truth applies to your life today

Pray – that the truth of this Scripture will help you to fix your eyes on Jesus in your daily life.