

## Small Group Study November 20 & 21

### Series: Infused

### 'The Truth About Peace' (Phil. 4:1-9)



#### Getting Warmed Up

- How do you tend to respond when things don't go your way?
- What memories do you have of experiencing "perfect" peace?

#### Into The Word

- Why did Paul plead with Euodia & Syntyche? (4:2)
- How could Paul count on his "loyal yokefellow"? (4:3)
- What did Paul encourage his readers to do? (4:4)
- How were people instructed to treat each other (4:5)
- What did Paul say about anxiety? (4:6-7)
- What was to take the place of worrying? (4:6-7)
- What should our thought-life be focused on ...? (4:8)
- What was to be put into practice? (4:9)
- What is the result of practicing Paul's instruction? (4:9)

#### Personalizing It

- How can you have a peaceful spirit?
- What does it take for you to think worthy thoughts?
- In what areas of your life to you need to follow in Paul's example?

#### Living it out

- What can you do today to reduce your level of anxiety?
- Take time to Pray!!!

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