



"Honouring your Mother and
Father"

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Read Ephesians 6:1-3

- 'honour' = acknowledging/esteeming the value
- 'in the Lord' = understanding both what to value and how to value comes from the Lord
- Consider: There are many ways to honour/acknowledge the value of our parents and caregivers. What are some of the ways 'honouring parents' can be expressed?

2. Read Matt. 6:12 -15 and Col. 3:12 – 14

- Sometimes forgiveness needs to occur before honouring is possible
- What does forgiveness enable us to do? What does it enable us to receive?
- Consider: When have you seen or experienced forgiveness in action? Share experiences from your own life or from others' lives.

3. Pray together about the next steps in your journey: We are all at unique places in our life journey and the Lord is near whether we are...

- Seeking a change of heart re: forgiveness (Ps. 51: 10- 12)
- Taking steps toward forgiving or seeking forgiveness
- Gaining insight/understanding 'in the Lord' regarding how to honour our parents
- Acting on what the Lord has revealed to us and choosing to do 'what is right'